



RECOMMENDED RESOURCES

Kids

Go beyond the sermon! Check out this list of recommended parenting books compiled by Beverly Woodson, Interim Principal of St. Philip's Episcopal School of Frisco.

1. *Becoming the Parent God Wants You to Be* - Dr. Kevin Leman
2. *Bringing up Kids Without Tearing Them Down* - Dr. Kevin Leman
3. *Making Children Mind Without Losing Yours* - Dr. Kevin Leman
4. *The Christian Parenting Handbook* - Turansky and Miller
5. *Don't Make Me Count to Three* - Ginger Plowman
6. *Raising Boys and Girls* - Goff, Thomas, and Trevathan
7. *Parenting Isn't Your Highest Calling* - Leslie Fields
8. *Praying God's Will for Your Son and Praying God's Will for Your Daughter* - Lee Roberts
9. *Parenting with Love and Logic* - Dr. Jim Fay and Foster Cline, MD
10. *The Strong-Willed Child* - Dr. James Dobson

Marriage

We are all *wired for connection*. It's in our DNA to be in relationship with others, and our mental, physical, and spiritual health all fare better when we live in the context of loving, supportive relationships. Developing and sustaining this kind of relationship requires intention – we must make time to connect, and address issues and challenges with courage and genuine conversations. Marriage is a living entity that changes and grows over time, and we are responsible for continually assessing and meeting our relationship needs. The resources below are intended to nurture your marriages as you traverse the challenges of life together. -Jodie Elder, PhD, LMFT, LPC-S

1. *The Seven Principles for Making Marriage Work: A Practical Guide from the Country's Foremost Relationship Expert (2nd ed.)* - Dr. John Gottman & Nan Silver
2. *Hold Me Tight: Seven Conversations for a Lifetime of Love* - Dr. Sue Johnson
3. *Getting the Love You Want: A Guide for Couples* - Dr. Harville Hendrix
4. *The Five Love Languages: How to Express Heartfelt Commitment to Your Mate* - Dr. Gary Chapman
5. *Time for a Better Marriage* - Dr. Jon Carlson & Dr. Don Dinkmeyer, Sr.
6. *And Baby Makes Three: The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives* - Dr. John Gottman & Dr. Julie Schwartz Gottman