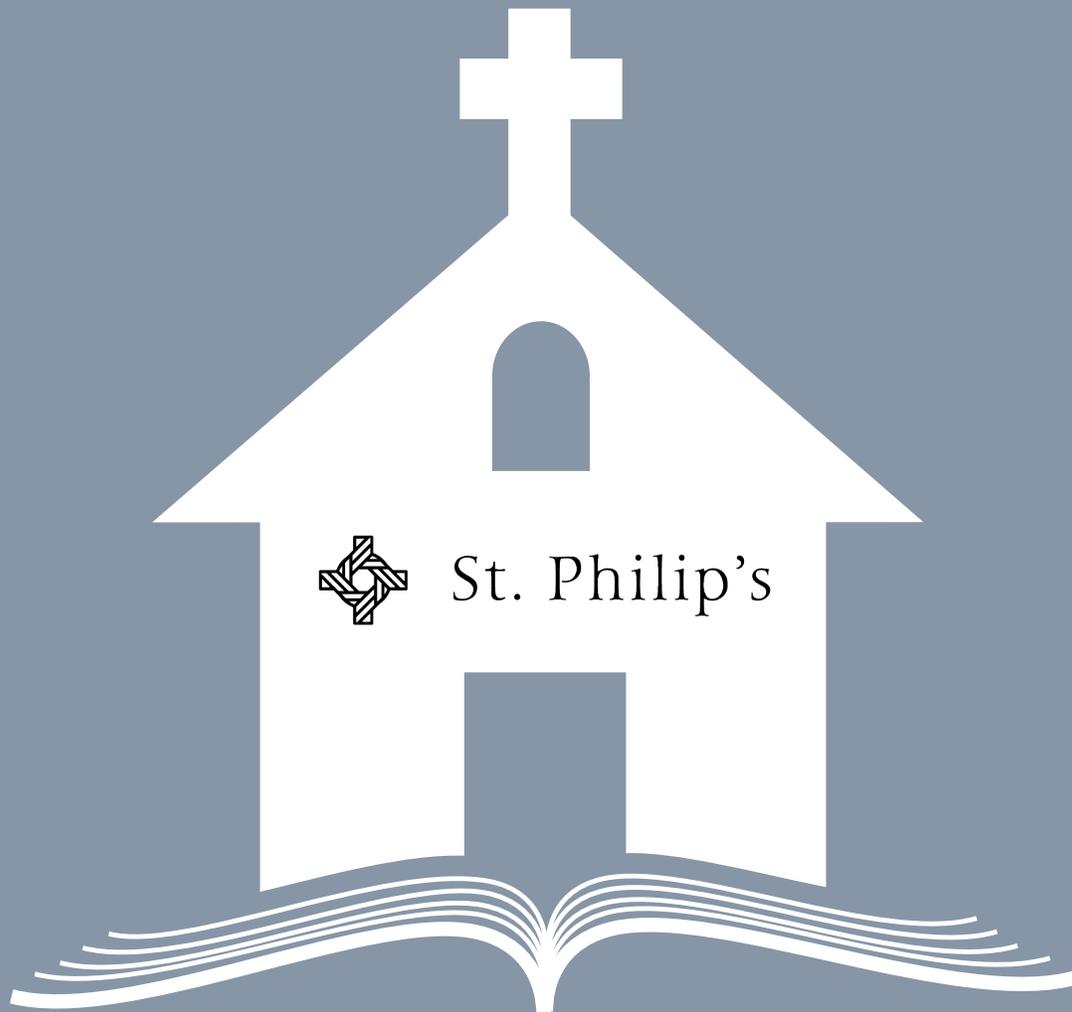


# St. Philip's Prayer Guide

*A Primer for Prayer in our Daily Lives*



This guide, drawing on prayers from Scripture, the Book of Common Prayer (BCP), and St. Augustine's Prayer Book, is designed to be a primer, a mere starting point for your prayer needs for daily living. We hope you find these ancient words give you comfort and direction when your own words fail you, and we encourage you to seek out others within the resources given and beyond, ultimately allowing these ancient words to be molded and melded with your own hearts desires for God.

# Prayers from Scripture

## The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those  
who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

- Based on Mathew 6:9b-13 KJV

## Prayer of Faith

Lord Jesus, in thy face, I see God and know myself. I believe; help thou my unbelief. Amen.

- St. Augustine's Prayer Book, p. 64 based on Mark 9:24.

## Prayer of Hope

In thee, O Lord, is my hope, and I shall never hope in vain. Amen.

- St. Augustine's Prayer Book, p. 64 – based on Romans 5:5

## Prayer of Love

My God, in thy infinite love, thou has made me; help me to love thee in all things and above all things; and to love my neighbor for thy sake. Amen.

- St. Augustine's Prayer Book, p. 64 – based on Mark 12:30-31

## **Prayer of Trust**

The LORD is my shepherd;  
I shall not want.

He maketh me to lie down in green pastures:  
he leadeth me beside the still waters.

He restoreth my soul:  
he leadeth me in the paths of righteousness  
for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil:  
for thou art with me;  
thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies:  
thou anointest my head with oil;  
my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life:  
and I will dwell in the house of the LORD for ever.

- Psalm 23 KJV

## **Prayer of Repentance**

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

- Ancient Eastern Orthodox origin based on Luke 18:13

## **Prayer of Forgiveness**

“Father, forgive them, for they know not what they do.”

- Jesus, Luke 23:34

## **Prayer of Surrender**

“Be still then, and know that I am God”

- Psalm 46:10

“Behold, I am the servant of the Lord; let it be to me according to your word.”

- Luke 1:38

“Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will.”

- Jesus, Mark 14:36

“Father, into your hands I commit my spirit!”

- Jesus, Luke 23:46

## **Prayer of Acceptance of the Call**

“Here am I! Send me.”

- Isaiah 6:8

## **Prayers of Dedication to God**

God be in my head,  
And in my understanding.

God be in my eyes,  
And in my looking;

God be in my mouth,  
And in my speaking;

God be in my heart,  
And in my thinking;

God be at my end,  
And at my departing.

- St. Augustine's Prayer Book, p. 67 - From the Sarum Primer – scriptural references can include but are not limited to James 1:1-15, Psalm 119:97-120, and Psalm 25.

“I love you, LORD, my strength.  
The LORD is my rock, my fortress and my deliverer;  
my God is my rock, in whom I take refuge,  
my shield and the horn of my salvation, my stronghold.”

- Psalm 18:1-2

“May you may be filled with the knowledge of his will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God; being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.”

- Paul, Colossians 1:9-12

“Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, 21 equip you with everything good that you may do his will, working in us that which is pleasing in his sight, through Jesus Christ, to whom be glory forever and ever. Amen.”

- Hebrews 13:20-21

## **Prayer of Dedication to Our Neighbor**

“Now may our God and Father himself, and our Lord Jesus, direct our way to one another, and may the Lord make us increase and abound in love for one another and for all, so that Jesus may establish our hearts blameless before our God and Father, at the coming of our Lord Jesus with all his saints”. Amen.

- Paul, 1 Thessalonians 3:11-13

## **Prayer of St. Francis**

Lord, make us instruments of your peace.

Where there is hatred, let us sow love; where there is injury, pardon;  
where there is discord, union; where there is doubt, faith;  
where there is despair, hope; where there is darkness, light;  
where there is sadness, joy.

Grant that we may not so much seek to  
be consoled as to console; to be understood as to understand;  
to be loved as to love. For it is in giving that we receive; it is  
in pardoning that we are pardoned; and it is in dying that we  
are born to eternal life. Amen.

- BCP pg. 833 - scriptural references can include but are not limited to John 13:34-35, John 16:33, Acts 20:35.

## **Prayers of the Day**

### **Morning**

Lord God, almighty and everlasting Father, you have brought us in safety to this new day:

Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.

- BCP pg. 137

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

- BCP pg. 100

### **Noonday**

Blessed Savior, at this hour you hung upon the cross, stretching out your loving arms: Grant that all the peoples of the earth may look to you and be saved; for your mercies' sake. Amen.

- BCP pg. 138

Heavenly Father, send your Holy Spirit into our hearts, to direct and rule us according to your will, to comfort us in all our afflictions, to defend us from all error, and to lead us into all truth; through Jesus Christ our Lord. Amen.

- BCP pg. 107

### **Evening**

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread.

Grant this for the sake of your love. Amen.

- BCP pg. 139

O God, the life of all who live, the light of the faithful, the strength of those who labor, and the repose of the dead: We thank you for the blessings of the day that is past, and humbly ask for your protection through the coming night. Bring us in safety to the morning hours; through him who died and rose again for us, your Son our Savior Jesus Christ. Amen.

- BCP pg. 124

## **Close of Day**

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

- BCP pg. 140

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

- BCP pg. 134

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

- BCP pg. 134

## **Grace at Meals**

Give us grateful hearts, our Father, for all thy mercies, and make us mindful of the needs of others; through Jesus Christ our Lord. Amen.

- BCP pg. 835

Bless, O Lord, thy gifts to our use and us to thy service; for Christ's sake. Amen.

- BCP pg. 835

We give you thanks, O Lord, for the food we are about to receive, for the hands that prepared it, and for all gathered at this table. Make us mindful of the needs of others and strengthen us in your service. Amen.

- St. Augustine's Prayer Book, p. 87

# **Prayers for Various Occasions**

## **Prayers for the World**

### **For the Human Family**

O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. Amen.

- BCP pg. 815

### **For our Enemies**

O God, the Father of all, whose Son commanded us to love our enemies: Lead them and us from prejudice to truth: deliver them and us from hatred, cruelty, and revenge; and in your good time enable us all to stand reconciled before you, through Jesus Christ our Lord. Amen.

- BCP pg. 816

## Prayers for the Church

### For the Mission of the Church

Everliving God, whose will it is that all should come to you through your Son Jesus Christ: Inspire our witness to him, that all may know the power of his forgiveness and the hope of his resurrection; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

- BCP pg. 816

### For the Parish

Almighty and everliving God, ruler of all things in heaven and earth, hear our prayers for this parish family of St. Philip's. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church; through Jesus Christ our Lord. Amen.

- BCP pg. 817

## Prayers for National Life

### For our Country

Almighty God, who hast given us this good land for our heritage: We humbly beseech thee that we may always prove ourselves a people mindful of thy favor and glad to do thy will. Bless our land with honorable industry, sound learning, and pure manners. Save us from violence, discord, and confusion; from pride and arrogance, and from every evil way. Defend our liberties, and fashion into one united people the multitudes brought hither out of many kindreds and tongues. Endue with the spirit of wisdom those to whom in thy Name we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to thy law, we may show forth thy praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness, and in the day of trouble, suffer not our trust in thee to fail; all which we ask through Jesus Christ our Lord. Amen.

- BCP pg. 820

### For Sound Government

O Lord our Governor, bless the leaders of our land, that we may be a people at peace among ourselves and a blessing to other nations of the earth.

**Lord, keep this nation under your care.**

To the President and members of the Cabinet, to Governors of States, Mayors of Cities, and to all in administrative authority, grant wisdom and grace in the exercise of their duties.

**Give grace to your servants, O Lord.**

To Senators and Representatives, and those who make our laws in States, Cities, and Towns, give courage, wisdom, and foresight to provide for the needs of all our people, and to fulfill our obligations in the community of nations.

**Give grace to your servants, O Lord.**

To the Judges and officers of our Courts give understanding and integrity, that human rights may be safeguarded and justice served.

**Give grace to your servants, O Lord.**

And finally, teach our people to rely on your strength and to accept their responsibilities to their fellow citizens, that they may elect trustworthy leaders and make wise decisions for the well-being of our society; that we may serve you faithfully in our generation and honor your holy Name.

**For yours is the kingdom, O Lord, and you are exalted as head above all. Amen.**

- BCP pg. 821

## **Prayers for Social Order**

### **In Times of Conflict**

O God, you have bound us together in a common life. Help us, in the midst of our struggles for justice and truth, to confront one another without hatred or bitterness, and to work together with mutual forbearance and respect; through Jesus Christ our Lord. Amen.

- BCP pg. 824

### **For the Poor and the Neglected**

Almighty and most merciful God, we remember before you all poor and neglected persons whom it would be easy for us to forget: the homeless and the destitute, the old and the sick, and all who have none to care for them. Help us to heal those who are broken in body or spirit, and to turn their sorrow into joy. Grant this, Father, for the love of your Son, who for our sake became poor, Jesus Christ our Lord. Amen.

- BCP pg. 826

## **Prayers for Family**

### **A Parent's Prayer**

O Heavenly Father, I commend to you the soul(s) of my children. Be their God and Father; and mercifully supply whatever is wanting in me through frailty or negligence. Strengthen them to overcome the corruptions of the world, to resist all temptations to evil, whether from within or without; and deliver them from the secret traps of the enemy. Pour your grace into their heart(s), and confirm and multiply in them the gifts of your Holy Spirit, that they may daily grow in grace and in knowledge of our Lord Jesus Christ; and so faithfully serving you here, may come to rejoice in your presence hereafter. Through the same Christ our Lord. Amen.

- St. Augustine's Prayer Book pg. 40

### **For Young Persons**

God our Father, you see your children growing up in an unsteady and confusing world: Show them that your ways give more life than the ways of the world, and that following you is better than chasing after selfish goals. Help them to take failure, not as a measure of their worth, but as a chance for a new start. Give them strength to hold their faith in you, and to keep alive their joy in your creation; through Jesus Christ our Lord. Amen.

- BCP pg. 829

### **For a Husband or Wife**

O Almighty God, who in the beginning did institute the Sacrament of Marriage, bless with happiness our union, and grant that amid all the changes and chances of this mortal life, we may so live together in your love and fear, that in the end we may meet in your eternal home, through Jesus Christ our Lord. Amen.

- St. Augustine's Prayer Book pg. 40

## **Prayers for Personal Life**

### **For Those Who Live Alone**

Almighty God, whose Son had nowhere to lay his head: Grant that those who live alone may not be lonely in their solitude, but that, following in his steps, they may find fulfillment in loving you and their neighbors; through Jesus Christ our Lord. Amen.

- BCP pg. 829

### **For a Person in Trouble or Bereavement**

O merciful Father, who hast taught us in thy holy Word that thou dost not willingly afflict or grieve the children of men: Look with pity upon the sorrows of thy servant for whom our prayers are offered. Remember him, O Lord, in mercy, nourish his soul with patience, comfort him with a sense of thy goodness, lift up thy countenance upon him, and give him peace; through Jesus Christ our Lord. Amen.

- BCP pg. 831

### **For the Discouraged and Downcast**

O God, almighty and merciful, you heal the broken-hearted, and turn the sadness of the sorrowful to joy. Let your fatherly goodness be upon all whom you have made. Remember in pity all those who are this day destitute, homeless, elderly, infirm, or forgotten. Bless the multitude of your poor. Lift up those who are cast down. Mightily befriend innocent sufferers, and sanctify to them the endurance of their wrongs. Cheer with hope all who are discouraged and downcast, and by your heavenly grace preserve from falling those whose poverty tempts them to sin. Though they be troubled on every side, suffer them not to be distressed, though they are perplexed, save them from despair. Grant this, O Lord, for the love of him who for our sakes became poor, your Son our Savior Jesus Christ. Amen.

### **Prayers for the Sick**

- BCP pp. 458 - 460

#### **For a Sick Person**

O Father of mercies and God of all comfort, our only help in time of need: We humbly beseech thee to behold, visit, and relieve thy sick servant N. for whom our prayers are desired. Look upon him with the eyes of thy mercy; comfort him with a sense of thy goodness; preserve him from the temptations of the enemy; and give him patience under his affliction. In thy good time, restore him to health, and enable him to lead the residue of his life in thy fear, and to thy glory; and grant that finally he may dwell with thee in life everlasting; through Jesus Christ our Lord. Amen.

#### **For a Sick Child**

Lord Jesus Christ, Good Shepherd of the sheep, you gather the lambs in your arms and carry them in your bosom: We commend to your loving care this child N. Relieve his pain, guard him from all danger, restore to him your gifts of gladness and strength, and raise him up to a life of service to you. Hear us, we pray, for you dear Name's sake. Amen.

#### **Before an Operation**

Strengthen your servant N., O God, to do what he has to do and bear what he has to bear; that, accepting your healing gifts through the skill of surgeons and nurses, he may be restored to usefulness in your world with a thankful heart; through Jesus Christ our Lord. Amen.

#### **For Doctors and Nurses**

Sanctify, O Lord, those whom you have called to the study and practice of the arts of healing, and to the prevention of disease and pain. Strengthen them by your life-giving Spirit, that by their ministries the health of the community may be promoted and your creation glorified; through Jesus Christ our Lord. Amen.

#### **For Recovery from Sickness**

O God of heavenly powers, by the might of your command you drive away from our bodies all sickness and all infirmity: Be present in your goodness with your servant N., that his weakness may be banished and his strength restored; and that, his health being renewed, he may bless your holy Name; through Jesus Christ our Lord. Amen.

### **For Health of Body and Soul**

May God the Father bless you, God the Son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly country; where he lives and reigns for ever and ever. Amen.

### **Thanksgiving for a Beginning of Recovery**

O Lord, your compassions never fail and your mercies are new every morning: We give you thanks for giving our brother (sister) N. both relief from pain and hope of health renewed. Continue in him, we pray, the good work you have begun; that he, daily increasing in bodily strength, and rejoicing in your goodness, may so order his life and conduct that he may always think and do those things that please you; through Jesus Christ our Lord. Amen.

### **Prayers for use by a Sick Person**

- BCP pg. 461

#### **For Trust in God**

O God, the source of all health: So fill my heart with faith in your love, that with calm expectancy I may make room for your power to possess me, and gracefully accept your healing; through Jesus Christ our Lord. Amen.

#### **In Pain**

Lord Jesus Christ, by your patience in suffering you hallowed earthly pain and gave us the example of obedience to your Father's will: Be near me in my time of weakness and pain; sustain me by your grace, that my strength and courage may not fail; heal me according to your will; and help me always to believe that what happens to me here is of little account if you hold me in eternal life, my Lord and my God. Amen.

#### **For Sleep**

O heavenly Father, you give your children sleep for the refreshing of soul and body: Grant me this gift, I pray; keep me in that perfect peace which you have promised to those whose minds are fixed on you; and give me such a sense of your presence, that in the hours of silence I may enjoy the blessed assurance of your love; through Jesus Christ our Lord. Amen.

#### **In the Morning**

This is another day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen.

#### **For Guidance**

Direct us, O Lord, in all our doings with thy most gracious favor, and further us with thy continual help; that in all our works begun, continued, and ended in thee, we may glorify thy holy Name, and finally, by thy mercy, obtain everlasting life; through Jesus Christ our Lord. Amen.

- BCP pg. 832